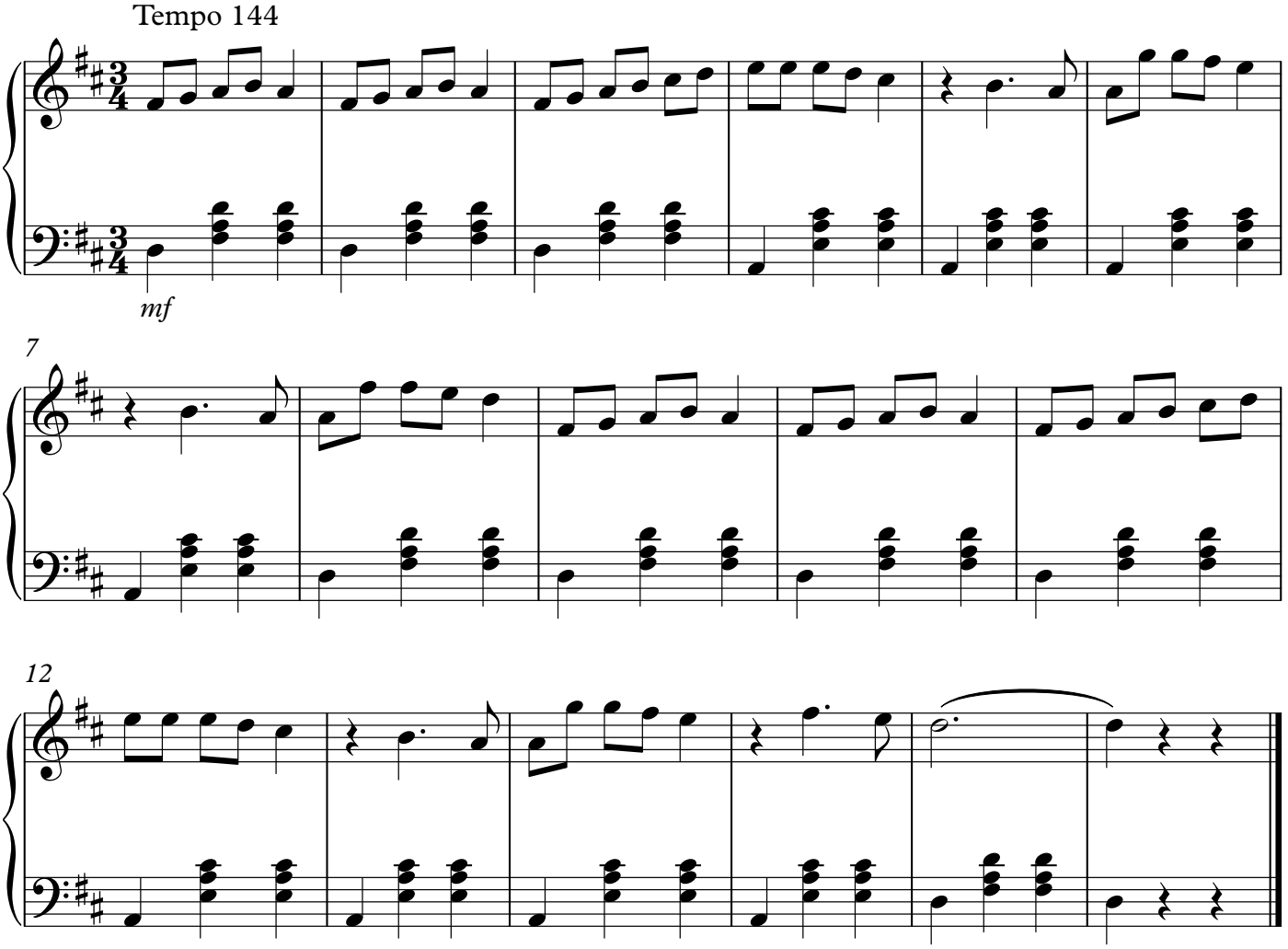Zitherübung in D-Dur